

**WORKSHOP ONE:** FEBRURAY 5TH. 2025 6-8:30 PM

**WORKSHOP TWO: FEBRUARY 12TH, 2025** 6-8:30 PM

## WestEd **FAMILY CHILDCARE AT** ITS BEST

**LOSS & TRAUMA** 



## THIS 5 HOUR WORKSHOP ADDRESSES LOSS & TRAUMA IN EARLY CHILDHOOD.

Trauma experienced in early childhood can have a lasting impact, but with the right kind of intervention and support, children can learn to mitigate those impacts and live a healthier life.



Participants will reflect on their caregiving strategies and discover ways to support children who have experienced loss or trauma.

Participants will explore various types of trauma and learn about the impact it has on young children's development and behavior.









