



TRAUMA INFORMED CARE
TRAINING & COACHING



sierra nevada children's services

Trauma Informed Care

This training addresses many aspects of working with children that we do not often think about. Our understanding of trauma and how our own trauma effects our ability to teach & care for children.

BE A PART OF THE SOLUTION

RECOMMENDED FOR NEW PROVIDERS

Why is it important?

- Understanding brain development, and the effects of trauma on a developing brain is critical to your success as a caregiver.
- Learn strategies to understand your role and apply effective support to those that need it most.
- Learn how neuroplasticity and resiliency can mitigate the impact of trauma
- Identify and practice key trauma-informed strategies to support children, build their resilience, and minimize the adverse effects of trauma
- Enhance child well-being and resilience
- Provide nurturing and responsive relationships
- Understand triggers
- Provide trauma-sensitive environments
- Promote sensory and emotional literacy



Virtual 2 part series

Time: 6-8pm

Dates:

- March 11th & 18th 2026
- or
- June 17th & 24th, 2026

Contact Cindy to enroll

Phone: (530)272-8866 x 214

cindys@snos.org



Care. Connect. Grow.
Strengthening California's Home-Based Child Care
CCIP Child Care
Initiative Project

