



Nurturing Parenting for Early Childhood

Fall 2023 Class Series

*An 8-week program for parents
with kids ages 1-5*

PIZZA AND CHILDCARE INCLUDED!

Take the stress out of parenting with Nurturing Parenting's evidence-based, interactive approach. For 35 years, this program has helped parents and caregivers to deepen and strengthen their family relationships in all types of situations.

Topics include:

- Setting and keeping loving limits
- Teaching young kids to listen the first time
- Managing potty training, sleep, tantrums, & whining issues
- Staying out of power struggles
- Handling off-track behaviors easily
- Dealing with stress
- And much more!



Jinnae Anderson is the Parenting Specialist for the Family Resource Centers and NCSOS. Classes are a chance to interact, to share struggles and get support, and to gain skills and strategies to help you and your kids get the most out of family life.

Class details

Dates: Tuesdays Sept 12-Nov 14
(No class 10/17 and 10/31)

Time: 3:45-5:45pm

Location: Sierra College Child Development Ctr
250 Sierra College Drive, Bldg N17, GV

Cost: \$35 for series / Free for CDC families
Scholarships available

Contact: janderson@nevco.org / 530.238.5608

[Click here to register or scan QR code](#)



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