



Sierra Nevada
Children's
Services

investing in our community, one family at a time

OCTOBER NOVEMBER 2009

PROVIDER NOTES

Music and Movement Feels Good

Here's an Activity for Infants & Toddlers from Our Family Resource Center

Concept: Music has a wide variety of uses when working with young children. Teachers and parents can utilize music to help children:

- Gain body control
- Feel more confident
- Improves large and small motor skills
- Builds relationships
- Increases language
- Uses their imagination
- Provides easy way to introduce another culture.

See the suggestions below to incorporate music and movement in a number of ways.

Gross Motor Activity: This is Your Land - Jose Louis Orozco

Use streamers as you hold your baby and move to the music.

You can make your own streamers using strips of colorful ribbons and a paper towel roll, or use the rim of a paper plate (cut out the center of the plate). You can also use scarves.

Clapping Song: Tuwe Tuwe - Sweet Honey in the Rock

Clap hands and sing to your child.

Silly Song: Spider on the Floor - Raffi

Act out the song by using your hand as a spider to tickle baby

Relaxation Music: any music of your choosing

Lay down and put baby on your tummy, take deep breaths as you meditate together

Cultural Activity: We All Fly Like Eagles - Native American song.

As the drum and song are played have children fly like eagles.



Provider Notes is a newsletter published every other month designed to keep you informed on legislation, workshops, and ideas that will assist you in your valuable work with children. This publication of Sierra Nevada Children's Services (SNCS) is targeted to the child care professionals of Sierra and Nevada counties.

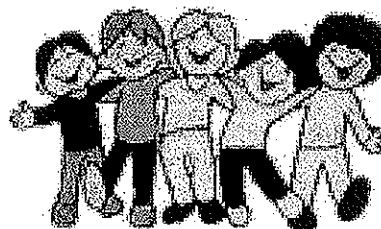
Sierra Nevada Children's Services Calendar of Events

October 2009



- 10/1,8,15,22,29 **Tots and Twos Activity Group** Every Thursday from 10:00am-11:30am
Call Cindy at 272-8866 x203
- 10/3,24 **CPR/First Aid Class** in Auburn 8:30-5:00pm
Contact: 889-8737
- 10/5 **Subsidy Attendance Sheets** for Sept Due
No later than 5:00pm
- 10/6,13,20,27 **P.L.A.Y. Group** on Tuesdays from 10:00am-11:30am (Parents/Providers Learning Activities Year Round). You can participate by Dropping in anytime to the FRC or by joining a parent-led group that meets Tuesday mornings.
Contact: Cindy at 272-8866 x203
- 10/7 **Parent Leadership Council Mtg** 12:00pm-1:30pm
- 10/17 **UC Davis Class**—Partnering with Parents (Part 1)
9:00am-2:30pm
- 10/21 **Family Child Care Licensing Orientation Mtg.**
9:00am-12:00pm
- 10/21 **Introduction to the Business of Family Child Care**
12:30-2:30pm
- 10/23 **Play and Learn Class** at Loma Rica Ranch
9:00am-11:00am Call Ada at 272-8866 x221
- 10/24 **UC Davis Class - Partnering with Parents (Part 2)**
9:00am-2:30pm

November 2009

- 11/3,10,17,24 **P.L.A.Y. Group** on Tuesdays from 10:00am-11:30am (Parents/Providers Learning Activities Year Round). You can participate by Dropping in anytime to the FRC or by joining a parent-led group that meets Tuesday mornings.
Contact: Cindy at 272-8866 x203
- 11/4 **Parent Leadership Council Mtg.**
12:00pm-1:30pm
- 11/5 **Subsidy Attendance Sheets** for Oct Due
No later than 5:00pm
- 11/5 **Enhancing Your Child Care Business with Elizabeth MacKenzie**
6:30pm-8:30pm
- 11/5,12,19 **Tots and Twos Activity Group** Every Thursday from 10:00am-11:30am
Call Cindy at 272-8866 .203.
- 11/7 **Health & Safety Class** in Auburn in Auburn
8:30-4:00pm Contact: 889-8737
- 11/11 **Veteran's Day - SNCS Closed**
- 11/19 **Play and Learn Class at the Imaginarium,**
Nevada City 9:00am-11:00am
- 11/21 **UC Davis Class - Building Numeracy Skills and Beyond** at Tahoe Forest Hospital, Children's Annex in Truckee. (In Spanish)
8:30am-2:00pm
- 11/26-27 **Thanksgiving Holiday - SNCS Closed**



SIERRA NEVADA CHILDREN'S SERVICES
WORKSHOPS AND ACTIVITIES
 OCTOBER / NOVEMBER 2009

Date/Time	Location	Title	Description/Comments
Saturday, October 17, 2009 9:00am-2:30pm	SNCS, Grass Valley	UC Davis-- Partnering with Parents * <i>(Part 1)*</i>	Working effectively with parents is at the heart of quality childcare, yet there are many challenges in developing this relationship. This workshop is an opportunity to learn skills that maximize your ability to establish healthy communication and trust with parents. NOTE: THIS IS A TWO PART CLASS
Wednesday, October 21, 2009 9:00am-12:00pm	SNCS, Grass Valley	Family Child Care Orientation	A representative from licensing will be here to present information on the requirements for obtaining a family childcare license.
Wednesday, October 21, 2009 12:30-2:30pm	SNCS, Grass Valley	Intro to the Business of Family Child Care	This class is designed for those who are in the process of obtaining their family child care license or for newly licensed individuals. General businesses practices will be discussed such as marketing, insurance, contracts/ policies and record keeping.
Friday, October 23, 2009 9:00-11:00am	Loma Rica Ranch, Grass Valley	Play and Learn 	Play group for little ones and their caregivers. Join us for some fall fun. We'll pick pumpkins, have a story time, go through the corn maze and do an awesome autumn art project.
Saturday, October 24, 2009 9:00am-2:30pm	SNCS, Grass Valley	UC Davis-- Partnering with Parents * <i>(Part 2)*</i>	For information on this class see the October 17th listing.
Thursday, November 5, 2009 6:30-8:30pm	SCNS, Grass Valley	Enhancing your Child Care Business	Elizabeth MacKenzie, owner/administrator of a successful preschool and childcare center and adjunct faculty at Yuba College will share business and administrative tips gained over the years. Vital information on child care provider's rights and responsibilities will also be covered. Bring your questions!
Thursday, November 19, 2009 9:00-11:00am	The Imaginarium Nevada City	Play and Learn 	Play group for little ones and their caregivers. Join us for some science fun. We'll be learning all about sharks through stories, games, songs and other activities.
Saturday, November 21, 2009 8:30am-2:00pm	Tahoe Forest Hospital, Children's Annex Truckee	UC Davis-- Building Numeracy Skills and Beyond *In Spanish*	Participants will learn strategies and activities that build developmentally appropriate math knowledge and skills in the preschool years.

Tuesday Morning Play Activities

Calling all providers (both licensed and licensed exempt) Bring the kids and join us here at SNCS in Grass Valley Tuesday mornings from 10:00-11:30am for different scheduled fun activities. **Space will be limited so if you are interested in coming, call Cindy Santa Cruz Reed (530) 272-8866 x203 to reserve your spots.**

Note: Trainings in the SNCS Professional Development Symposium are open to the public.
 Registration is required. To register for a class or if you would like more information, call Ada Miyakawa at (530) 272-8866x221.

Provider Notes Truckee

Meetings and Events

Fall Non-Profit Workshop Series

Managing Your \$ and Understanding Your Credit with Cindy Hannah, Executive Director of the Saint Joseph Community Land Trust. Thursday, September 24, 2009, 9:00 a.m. – 12:00 p.m. at Donald W. Reynolds Community Non-Profit Center, 948 Incline Way, Incline Village. RSVP to 775.298.0119, cost \$10.00 Sponsored by Parasol Community Collaborative, Parasol Tahoe Community Foundation, Community Collaborative of Tahoe Truckee and Tahoe Community Foundation.

Boarding in Truckee Tahoe

Ever thought of serving on the Board of a non-profit? Explore how Board members make a difference in our community, hear Board members describe the rewards and challenges. Learn Best Practices of Board service and basic roles and responsibilities. Two dates to choose from: October 27th from 9:00 a.m. to 1:00 p.m. at the Sierra Mountain Education Center (light lunch provided) or November 3rd from 5:00 p.m. to 9:00 p.m. (light dinner provided). Space is limited – RSVP to Ed at 587.1776 – Cost \$10.00 per person. Sponsored by Truckee Tahoe Community Foundation, Parasol Tahoe Community Foundation, Community Collaborative of Tahoe Truckee and Parasol Community Collaborative.

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Parenting/Provider

Learning

Activities

Year-Round



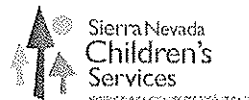
www.snscs.org

P.L.A.Y. is not a class, workshop, or educational series. You may join P.L.A.Y. Group at any time and come as often as you like. The Family Resource Center (FRC) is open for drop-in Play Space Monday through Friday and the P.L.A.Y. Group activities are scheduled every week. To join call Cindy at 272.8866 ext. 203 to reserve your spot on Tuesdays, 10:00 a.m. to 11:30 a.m.

We understand that having a child is a huge transition in your life. If you have other children, they need to adjust to the new baby as well. The activities available through P.L.A.Y. Group are designed for you to learn about and support your child's development while having an opportunity to visit with other parents and child care providers.

Program Features:

- Provide parents and children with an opportunity to connect with other parents and providers in a group setting
- Provide developmentally appropriate, engaging and interactive activities for parents, providers and children
- Build on the adult-child relationship through play
- Provide fun and interesting activities to try at home



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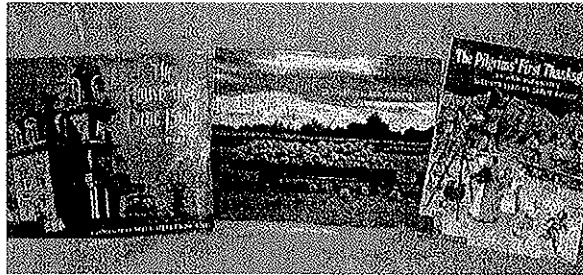
by Sharon Thurman

Pumpkins, by Ken Robbins

"When the air has turned cool and the leaves are falling, splashing their color on the ground, it's time to think about PUMPKINS!" Clear, simple text describes the growing cycle of this harbinger of autumn and symbol of Halloween – from seed, to sprout, to flower, to fruit and back again. The beautiful photographs will captivate readers both young and old.

The House That Drac Built, by Judy Sierra

"This is the house that Drac built. Inside there's a bat and a cat and a werewolf and a mummy and a monster and Shhhh... Who is that knocking at the door?" Based on the favorite children's rhyme "The House that Jack Built", this creepy cast of characters adds their own special twist to the story. A definite hit for holiday reading.



More books about Autumn and Halloween

Apples and Pumpkins, by Anne Rockwell

The Happy Trick-or-Treaters, by Mary Packard

Arthur's Halloween, by Marc Brown

In November, by Cynthia Rylant

Five Little Pumpkins, by William Boniface

Pooh's Halloween Parade, by Isabel Gains

Pumpkin Pumpkin, by Jeanne Titherington

Clifford's First Autumn, by Norman Bridwell

The Toothless Vampire and 99 Other Halloween Riddles, by F. Wolff

Dora's Halloween Adventure (a 'lift the flap' book), by Sarah Willson

The Pilgrims' First Thanksgiving , by Ann McGovern

"A long time ago, some men and women, boys and girls, two dogs and a cat sailed on a ship across the sea" Thus starts the tale of the Pilgrims, their ship, the Mayflower, and their voyage to the "new world". "But what kind of land was this? There were no houses. No stores. No people to greet them." They had to find or build everything they needed to live. Their first year was long and hard so when they got to the end of it, they were very thankful. They decided to have a party with their Indian friends."The Pilgrims' first Thanksgiving lasted three whole days. Ann McGovern's simple text introduces children to the struggles of the Pilgrims during their first year at Plymouth Colony and the events leading to the historic occasion we celebrate today -- THANKSGIVING."

More books about Thanksgiving

Happy Thanksgiving, Biscuit!, by Alyssa Satin Capucilli

Thanksgiving Cats, by Jean Marzollo

Setting the Turkeys Free, by W. Nikola-Lisa

On the Mayflower, Voyage of the Ship's Apprentice and a Passenger Girl, by Kate Waters

Thanksgiving Treat, by Catherine Stock

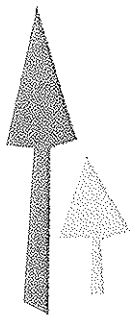
Thanksgiving Day, by Anne Rackwell

Stone Soup, by Marcia Brown

Subsidy Updates For Providers

Can I get reimbursed with subsidy dollars for parent furlough days ?

In the face of our economic crisis many employers are implementing furlough days as a solution to prevent layoffs. Furlough days can be either voluntary or involuntary and **do not** count as a need for child care services since the parent will be available to care for their child. **Family Support Specialists** encourage parents to communicate with you regarding which days are their furlough days so you can make informed business decisions. Communication is encouraged between the FSS and the parent so that we can assist them in maintaining compliance with their child care services. If a parent receiving subsidized services chooses to bring their child to you on a furlough day, that day cannot be reimbursed by state subsidies. In this case the parent would pay you directly and they would not sign the SNCS Attendance Sheet on that day.



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www.sncs.org

On the provider tab of our website, under "Programs Serving Providers" are various resources for you to access. On this tab you will find the most current version of the SNCS Parent and Provider Guide, a generic attendance sheet for you to use with approved schedules for subsidized children, and most recently we have added the schedule of direct deposit dates for reimbursements in 2009. We hope this website is a useful tool for you. If you have any suggestions or requests about other resources you would like to see on this page or others on our website let us know. Your input is valuable and we want to hear from you.

Assisting Parents and Providers with Attendance Sheet accuracy

We hope the Parent and Provider Attendance Sheet Table Tent is a helpful tool to achieve attendance sheet accuracy. Sometimes incomplete entries still get missed. When we encounter an incomplete entry on an attendance sheet we will notify you with your reimbursement check why the incomplete entry was not paid.

P. P.L. A. Y. Group

(Parenting, Provider, Learning, Activities, Year-Round)

Play is not a class, workshop, or educational series. You may join P.L.A.Y. Group at any time and come as often as you like. The FRC is open for drop-in play space Monday through Friday and the P.L.A.Y. Group activities are scheduled every week. To join call Cindy @ 272-8866 x203 to reserve your spot on Tuesdays from 10-11:30.

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Program Features:

- To provide parents and children with an opportunity to connect with other parents and providers in a group setting.
- Developmentally-appropriate, engaging and interactive activities for parents, providers and children.
- Build on the adult-child relationship through play.
- Provide fun, interesting activities to try at home.
- Include resources.



- Working with your children, not against them.
- Getting children to take ownership of their actions.
- Social/emotional development.
- Teaching children to problem solve.
- Violence prevention.

New series starting in October, 2009 sign up now



256 Buena Vista Street, Suite 110, Grass Valley
(Classes are no cost)

Includes child care and snacks, if you RSVP one week prior to each class.

Contact
Cindy Santa-Cruz Reed
(530) 272-8866 x. 203

Tots-and-Twos

This program is designed to guide parents on the value of interactive play with their toddlers.

Dates: Every Thursday starting September 24th, 2009

Time: 10:00 am - 11:30 am

Where: Sierra Nevada Children's Services
256 Buena Vista Street, Suite 110, G.V.

Contact: Cindy Santa Cruz-Reed, SNCS
(530) 272-8866 x. 203

Activities are geared towards:

Social Development and Skills • Language • Nutrition
Creative Expression • Fine and Gross Motor Skills
Developing/Encouraging Curiosity and Wonder



Sierra Nevada
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Meeting in our community, one family at a time