

# PROVIDER NOTES

## SIERRA NEVADA CHILDREN'S SERVICES

October /November 2008

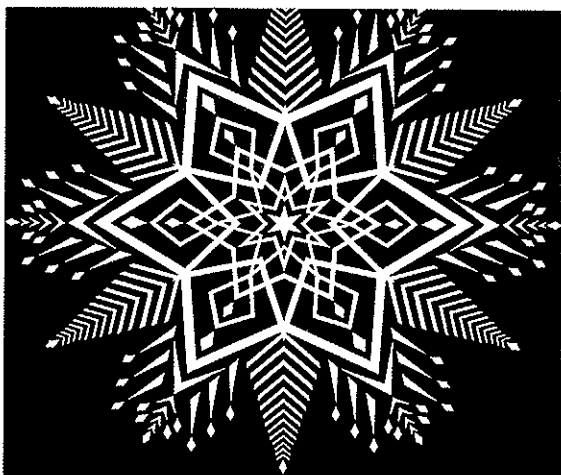
Provider Notes is a bi-monthly newsletter designed to keep you informed on legislation, workshops, and ideas that will assist you in your valuable work with children. This publication of Sierra Nevada Children's Services (SNCS) is targeted to the child care professionals of Sierra and Nevada counties.

### What is the Community Chest?

The Community Chest Fund was created by Sierra Nevada Children's Services in 1993. However, it is only made possible through the generosity of individuals in our local community who make donations. All monies donated go directly to the children in need. To better understand what the Community Chest does, here are examples of how it has worked.

- \* **Medical**...a family receiving gas money so they could take their sick child to see a specialist in Sacramento.
- \* **Child Enrichment**...children able to participate in performing arts, camps, music lessons, sports, and art classes.
- \* **Victims of Domestic Violence**...children able to have counseling, grocery needs were met after a mom and her children left a violent situation.
- \* **Other**...school clothes and school supplies, diapers, baby formula, gas money, public transportation vouchers for families in need.

If you know a child that could benefit, make a request to the Community Chest on their behalf by calling us and making the referral.



Sierra Nevada Children's Services

Wants to invite you to our

Annual

Appreciation Breakfast

### Save the Date

11th Annual

### *Appreciation Breakfast*

December 13th, 2008  
9am-11am

Trolley Junction Restaurant  
400 Railroad Ave.  
Nevada City

If you have any questions,  
Please contact:

Patricia O'Connor for more information  
272-8866 x209

(Invitation to follow)

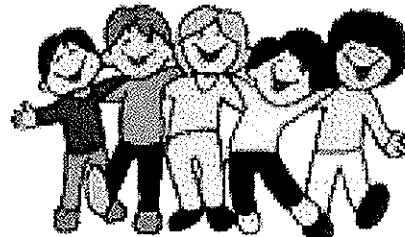
## Sierra Nevada Children's Services Calendar of Events

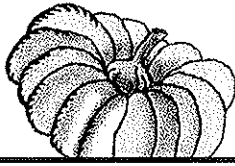
### October 2008

- 10/1 Parent Leadership Meeting 10:00-11:30am
- 10/1 Provider Potluck in Truckee - 5:30-8:00pm
- 10/1 Gold Country AEYC Board Meeting  
6:30pm at Carolyn Tate home
- 10/3 GCAEYC State Board & affiliate President Mtg-GV  
10/4 and the GCAEYC meeting on the 4th in Sacramento
- 10/4 ESP 1st Quarter Meeting  
Location: Call Beth: 271-0268
- 10/6 Subsidy Attendance Sheets for Sept due
- 10/7 Preschool-Kindergarten Collaboration  
Nevada City, City Hall 6:00-9:00pm  
Dinner plus stipend of \$50 for 1st 40 registered  
Register: Jane McCardie @470-8510 x201
- 10/7 Tot's and Two's program 10:00-11:30am
- 10/8 Family Night at Cedar Park Apts. 6-8pm
- 10/11 CPR/First Aid in Auburn 8:30-5:00pm
- 10/11 4th Annual Harvest Festival - Loma Rica Ranch  
11:00-6:00pm
- 10/11 The Magic of Music with Monika Phillips at SNCS -  
open to all providers, parents and children  
9:00-10:30am
- 10/14 Quality Child Care Collaborative Meeting  
LPC Offices, 640 E. Main, GV  
Info: Call Beth: 271-0268
- 10/15 Intro to the Business of Family Child Care  
12:30-2:30pm
- 10/15 Candlelight Vigil Downtown Grass Valley 6:00pm
- 10/15 Family Night @ Hennessy School 7:00-8:00pm  
"Recycling"
- 10/16 Come and find out what the FRC can do for you and  
enjoy our Chocolate Extravaganza. Call Cindy for  
more details.
- 10/17 Play and Learn Class for License Exempt  
Providers 9:00-11:00am
- 10/29 Enhancing Your Indoor and Outdoor  
Environments (Network Meeting) 6:30-8:30pm

### November 2008

- 11/1 Health & Safety class in Auburn 8:30-4:00pm
- 11/4 Election Day
- 11/? "Hi Tech Child ID Program" Target date is  
Scheduled 1st two weeks in November  
Call Cindy for details @272-8866x203
- 11/5 Subsidy Attendance Sheets for Oct due
- 11/5 Parent Leadership Meeting 10:00-11:30am
- 11/5 Gold Country AEYC Board Meeting  
6:30pm at Carolyn Tate home
- 11/8 CPR/First Aid in Auburn 8:30-5:00pm
- 11/11 Veterans Day
- 11/12 How to Prepare Your Family and Business for  
Disaster 6:30-8:30pm
- 11/12 Family Night at Cedar Park Apts. 6-8pm
- 11/15 UC Davis Class - Introducing Language  
Through Play in Truckee Tahoe Forest  
Hospital 8:30-2:00pm
- 11/21 Play and Learn Class (For License Exempt  
Providers) 9:00-11:00am
- 11/26 Network Meeting Cancelled
- 11/27 Thanksgiving Holiday - SNCS Closed





# PUMPKINS ALL AROUND



## PUMPKIN PIE

*You'll Need:* paper plates ● orange markers, paint, and/or crayons ● glue ● spices—powdered cinnamon, ginger, allspice, whole cloves ● small bowls ● cotton swabs

*What to Do:*

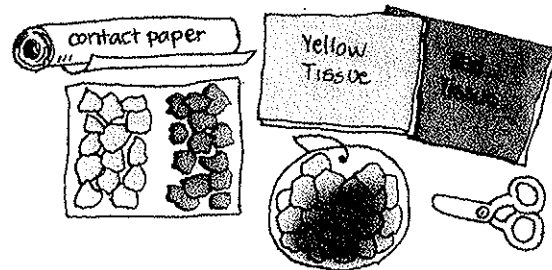
1. Invite children to color the plates orange.
2. Let children spread glue onto the paper plates with a cotton swab.
3. Put out spices such as powdered cinnamon, ginger, allspice in shakers. You can put out a few whole cloves in a small bowl.
4. Let children sprinkle on spices.
5. Let these dry and together smell the fragrance of the "pumpkin pies."

## PUMPKIN SUN CATCHER

*You'll Need:* clear contact paper ● red and yellow tissue paper ● safety scissors

*What to Do:*

1. Place a piece of clear contact paper down on the table sticky side up. You may need to tape this in place.
2. Encourage children to tear and place pieces of red tissue paper on one side and pieces of yellow tissue paper on the opposite side.
3. When finished, fold the paper in half and see what happens when the red and yellow paper overlap.
4. Cut a pumpkin shape from this now "orange" paper and hang in a sunny window.

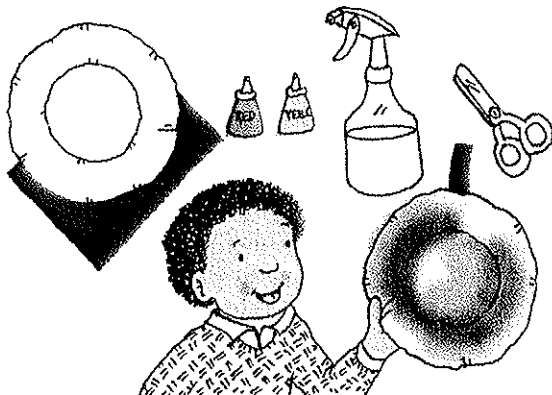


## COFFEE FILTER PUMPKIN

*You'll Need:* white coffee filter ● food coloring (yellow and red) ● squirt bottle filled with water ● green construction paper ● glue

*What to Do:*

1. Invite children to place some drops of yellow and red food coloring randomly on a coffee filter.
2. Then with a squirt bottle, lightly spray some water onto the filter. The colors will bleed and mix together to make an orange tie-dye effect.
3. When dry, cut and glue on a green stem to create a colorful pumpkin.



## PUMPKIN ROLL GAME

*Pumpkins are giant gourds that roll on the ground. Introduce children to this movement game, which will bring on the giggles! This activity helps children grow stronger and helps them develop large muscle skills.*

*You'll Need:* a round pumpkin

*What to Do:*

1. Have one or two real pumpkins for the group to touch, examine, and roll.
2. Invite children to copy a rolling pumpkin on the floor. Have them lie on the floor (a soft carpeted area is best) nice and straight, and help them roll their bodies around.
3. Why not do a few rolls yourself? Recite this rhyme as you roll together with children:

*Pumpkins, pumpkins, orange and round,  
Rolling, rolling on the ground.  
See them rolling down the hill,  
When they stop, they lie so still.*

SIERRA NEVADA CHILDREN'S SERVICES  
**CHILD DEVELOPMENT SYMPOSIUM**  
 OCTOBER / NOVEMBER, 2008

To register for a class or if you would like more information, please call (530) 272-8866

Saturday, October 11, 2008 9:00-10:30 am	SNCS, Grass Valley Family Resource Center	<b>The Magic of Music</b> With Monika Phillips <i>open to all providers, parents &amp; children</i> <b>Space is limited, call to register</b>	Learn about the many ways music can be used to reach children and enhance development. This hands-on workshop will show you how to create your own instruments and how to use them at home in creative ways with your children.
Wednesday, October 15, 2008 12:30-2:30 pm	SNCS, Grass Valley	<b>Intro to the Business of Family Child care</b>	This class is designed for individuals who are in the process of obtaining their family child care license or for those who have recently been licensed. General business practices will be discussed such as insurance, contracts/policies and record keeping.
Friday, October 17, 2008 9:00-11:00 am	SNCS, Grass Valley	<b>Play and Learn (for License Exempt Providers)</b>	Play group for children 2-5 years of age and their caregivers (babysitters, parents, grandparents, nannies, etc.) Come, make new friends and join us for story time, music and movement and fun activities.
Wednesday, October 29, 2008 6:30-8:30 pm	SNCS, Grass Valley	<b>Enhancing Your Indoor and Outdoor Environments (Network Meeting)</b>	How eco-friendly is your childcare environment? How important is exposure to the natural world to the well being of children? What is Nature Deficit Disorder? Learn new ways to improve your indoor and outdoor environments.
Wednesday, November 12, 2008 6:30-8:30 pm	SNCS, Grass Valley	<b>How to Prepare your Family and Business for Disaster</b>	How ready are you for a disaster? This workshop will present practical information to help you prepare your family and business for a potential disaster <b>Free American Red Cross disaster Preparedness backpacks will be provided to the first 15 participants to sign up and attend.</b>
Saturday, November 15, 2008 8:30 am -2:00 pm	<b>TRUCKEE, Tahoe Forest Hospital</b>	<b>Introducing Language Through Play</b> UC Davis Center for Excellence in Child Development	Participants will review the development of language, examine language concerns, survey second language acquisition, and learn how to plan language-rich routines geared towards expanding children's vocabulary.
Friday, November 21, 2008 9:00-11:00 am	SNCS, Grass Valley	<b>Play and Learn (For License Exempt Providers)</b>	Play group for children 2-5 years of age and their caregivers (babysitters, parents, grandparents, nannies, etc.) Come, make new friends and join us for story time, music and movement and fun activities.
Wednesday, November 26, 2008	SNCS, Grass Valley	<b>Network Meeting Cancelled</b>	Have a Happy Thanksgiving!

**Note: Trainings are open to the public. Registration is required, except for Network providers attending Network meetings.**

**Nevada County Superintendent of Schools**  
Invites all public and private Preschool directors, providers and teachers, Kindergarten  
teachers and school administrators

# **Preschool-Kindergarten Collaboration**

**Funded by the First Five Commission**

**This workshop will include:**

- **A roll-out of the CA Preschool Learning Foundations**
- **Discussion of the relationship of the Preschool Foundations to the CA Kindergarten Content Standards**
- **Focus-group discussions about the development of a Professional Learning Community between Preschool and Kindergarten teachers and leaders**

**Tuesday, October 7  
6:00-9:00PM (DINNER INCLUDED)  
Nevada City-City Hall  
317 Broad St.  
Nevada City**

**THE FIRST 40 REGISTRANTS WILL RECEIVE A STIPEND  
OF \$50.**

**Register with Jane McCardle [jmccardle@nevco.k12.ca.us](mailto:jmccardle@nevco.k12.ca.us)  
or 470-8510x201**



Sierra Nevada Children's Services  
256 Buena Vista St., Suite 110  
Grass Valley, CA 95945