

October
2008

Sierra Nevada Children's Services
Family Resource Center

Parent Newsletter

Be Informed
Get Involved

Know your
resources

*The
Best
Thing
To Spend
On your
Children
Is
Time*



*The
Highest
Form
Of
Wisdom
Is
Kindness*

What's Going On In Nevada County

Growing Learning and Caring Project

Parents, did you know we have a program that helps support those who provide license exempt care for your children? The Growing Learning and Caring Program offers home visits, fun workshops, toys and other resources. We even have a play group for 2-5 year olds and their caregivers. The Play and Learn group **meets the third Friday of every month from 9:00-11:00am**. For more information contact Ada Miyakawa at 272-8866x221.

Eco Kids & Ecology Fair for Children

Sierra Nevada Deep Ecology Institute, Imaginarium, 112 Nevada City Hwy, NC
November 9th from Noon to 4:00pm
Call 265-6649 for more details.

Mother Of a Pre-Schooler MOPS

Support group for all mothers with children from birth to kindergarten. Childcare is provided! Call Lizary Jones, Coordinator, for the location, date & time of the next meeting at 477-5100

Support Group Now Forming

For parents who have children with complicated medical conditions (In the Nevada County Area)
For more more information please contact Deanna Kubas at 530-559-6337.

Family Resource Center *Chocolate Extravaganza!*

Come and find out what the FRC can do for you and enjoy our Chocolate Extravaganza. Call Cindy for more details.
October 16th

4th Annual Harvest Festival

Loma Rica Ranch 11:00-6:00pm
October 11th

Safe Trick or Treat

Grass Valley Downtown Association Safe Trick or Treat Celebration for preschoolers.
October 31st from 9:30am - Noon.
Call 272-8315 for more details.

Annual Halloween Book Giveaway!

At the Center for the Arts, children will be able to choose a free book to take home. Grass Valley School Readiness will be providing bookplates to each child personalizing the book they have chosen. This event will be held on Friday, October 31st from 10:00am to 1:00pm.



Getting Together When Times are Tough

Over the past few months the budget crisis had early educators and their programs panicking and wondering how they were going to survive. On September 10th the Gold Country Association for the Education of Young Children and Sierra Nevada Children's Services got together to put on an evening of fun for families and early educators called, "Let's Get Messy." The original goal was to bring families and educators together to enjoy play with children. What we got was companionship and a support network that is sorely needed during this budget crisis. It became very clear that when the times are tough we must get together. A new provider stated at the event, "This kind of support is very important to me during this time. It gives me hope." The Gold Country AEYC President Carolyn Tate stepped back and said, "This is why being part of a professional organization is so important. Making sure we keep the children in mind is a top priority."

The event also brought Sierra College students out to do a painting with nature activity. The 49er ROP Careers with Children class joined us to see first hand how important it is to work together. Everyone involved walked away a little more con-

nected to community resources. The Sierra Nevada Children's Services Family Resource manager Cindy Santa Cruz-Reed gave students a tour of the Family Resource Center and spoke to students about how important building relationships are in the profession of early education. "We must remember that we do not stand alone." She said, "Early education is vital to business in Nevada County. Without child care programs families could not go to work."

Now that the budget is passed and subsidized child care programs have been paid it is certain that organizations like these will continue to step up and collaborate. Creating and growing relationships is a top priority for these organizations. If we are to continue to keep families at the top of the priority list, collaboration is a must.



Dial211.com-Community Resource Directory

www.Dial211.com is a collaborative effort between Nevada County Department of Social Services, First 5 Nevada County and Area 4 Agency on Aging Helpline.

The Community Resource Directory was developed to provide information for CalWorks Employment Services' clients and residents of Nevada County. Dial211.com is an informational listing of over 1,000 agencies and non-profits that service the needs of individuals and families.

Information focuses on city, county, state, federal, non-profit and essential for profit resources. All agencies and non-profits listed are in Nevada County or provide services to Nevada County and or Truckee/Tahoe residents.

If you do not have access to a computer, you are welcome to come by our Resource Center and use our free, public access computers.

Topic of Interest



Resource Links for Families

***Children's Advocate* articles for parents**

(Early care and education teachers and providers may also be interested)

Links are to the English version of the article in MS Word, which in turn has links to the article in Spanish and Chinese, if available, and to a pdf version with layout and photos suitable for reproducing and distributing. If you reproduce an article, either as a handout or in your newsletter, please credit the Children's Advocate and let us know.

AD/HD

Helping kids with AD/HD, July-Aug 2000

<http://www.4children.org/news/700adhd.htm>

Anger

What to do when you're angry at your kid, July-Aug 2005 (in English and Spanish)

<http://www.4children.org/news/705hoe.htm>

Helping kids manage anger, Sept-Oct 2004 (in English and Spanish)

<http://www.4children.org/news/904made.htm>

Asthma and environmental health

Dealing with allergies, May-Jun 2006 (in English, Spanish, and Chinese)

<http://www.4children.org/news/506rke.htm>

Asthma tips, Nov-Dec 2004 (in English and Spanish)

<http://www.4children.org/news/1104asme.htm>

Protecting kids from toxic chemicals in plastic, Nov-Dec 2005 (in English and Spanish)

<http://www.4children.org/news/1105hoe.htm>

Protect your family from environmental hazards, Sept-Oct 2001

<http://www.4children.org/news/901haz.htm>

Autism

Helping kids with autism, Jan-Feb 2003 (in English and Spanish)

<http://www.4children.org/news/103aute.htm>

Behavior and discipline

Finding solutions to problem behavior, Mar-Apr 2004.

<http://www.4children.org/news/304solve.htm>

Discipline success stories, Jan-Feb 2000.

<http://www.4children.org/news/100disci.htm>

Nurturing spirited children, Mar-Apr 2005 (in English and Spanish)

<http://www.4children.org/news/305intse.htm>

SNCS Statement of Non-Discrimination or Sexual Harassment

Sierra Nevada Children's Services is proud of its tradition of a collegial work environment in which all individuals are treated with respect and dignity. Each individual has a right to work in a professional atmosphere, which promotes equal employment opportunities and prohibits discriminatory practices. Thus, Sierra Nevada Children's Services is committed to providing a work environment free of unlawful harassment. The organization expressly prohibits sexual harassment and any other harassment or discrimination protected by federal, state or local law or ordinance. Unlawful harassment is a form of employee misconduct, which undermines the integrity of the employment relationship. It is the policy of this organization that sexual harassment, or any unlawful harassment, will not be tolerated. Violators of this policy are subject to disciplinary action up to and including discharge.

